

In the Exam Room

Questions for first visit goal is to make the implicit, explicit:

1. “I don’t want to assume anything about your identities. How do you identify racially, ethnically, culturally and what are your pronouns?”
2. “Many of my pts experience racism in their health care. Are there any experience you would like to share with me?”
3. What have been your experiences with the healthcare system?”
4. “Have there been any experiences that caused you to lose trust in the healthcare system?”
5. “It is my job to get you. You shouldn’t have to work to get me. If I miss something important or say something that doesn’t feel right please know you can tell me immediately and I will thank you for it.”
6. “Put up more visible cues for safe space: BLM, Flag, etc.
7. acknowledging, honoring what pts are already doing – “wow, you’re already doing so much”
8. “what’s happened to you” vs. “what are you doing”
9. Curiosity can feel like colonizing language: Not, “can you explain to me why....” instead “there is something I don’t know that I really need to understand....”